

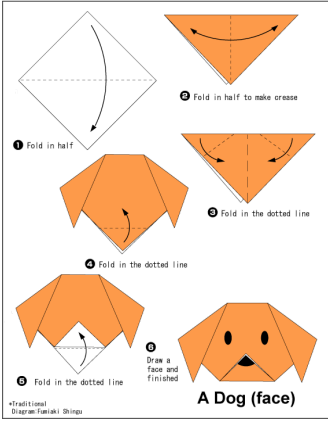
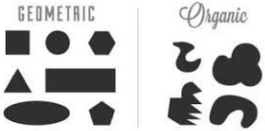


Special Areas Lesson Grid - Grade 1, Week of April 6-10



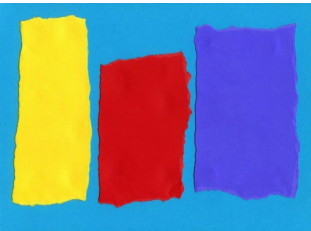
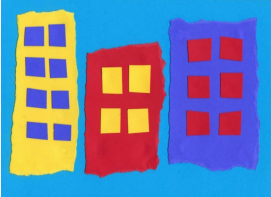
Choose 1 or 2 activities from this menu per day for a total of 15-20 minutes. Rotate through subjects throughout the week.
At the end of the week, share with your homeroom teacher which ones you chose.

<p style="text-align: center;">Music</p> <p style="text-align: center;">Musicplayonline.com/ No Login Required</p>	<p style="text-align: center;">Art</p> <p style="text-align: center;">TES Specials Website sites.google.com/pfisd.net/timmermanspecials</p>	<p style="text-align: center;">PE</p> <p style="text-align: center;">The focus of this week is: <i>Tossing and Catching</i></p>
<p>Choice 1 - Practice so and mi</p> <ul style="list-style-type: none"> • Watch this video for the high and low movement warm-up: https://youtu.be/zzcjYuOf7po • Watch this video: https://youtu.be/hfZTofgeBm8 • Go to Musicplayonline.com •  SEARCH for "Lemonade" • Go to the movie section and click , then press and read the lyrics while listening to the song. • Listen again and find the pattern of so (high) and mi (low). Can you show the hand signs for so and mi while singing? • Click on  . Follow the directions. 	<p>Choice 1-Origami Dog https://www.youtube.com/watch?v=OPFZ5CFU8OU</p>  <p>Follow the video or worksheet to create an origami dog. You will fold the paper using vertical, horizontal, and diagonal lines. What geometric shapes do you see? How many triangles did you make?</p> <p>Shapes</p>  <p>Materials: Square Paper (most paper will work)</p>	<p>Choice 1 - Warm-up (3-5 minutes)</p> <ul style="list-style-type: none"> • Jumping Jacks- 10 rest 10 rest 10 rest Smile • 10 Push ups (2x) Fitnessgram form. Challenge yourself to do more! 15,20 or more! • 10 Sit ups (2x) Fitnessgram form. Challenge yourself to do more! 15,20 or more! • Jog in place by skip count by 2's or to your favorite Music to 50, 100 • Jump straight up in the air as high as you can 10 times (Grades 3-5, do 5 sets of 10 jumps) <p>Physical Education Activity (10-15 minutes) Toss and Catch with a ball or balled up socks. By yourself or with a partner.</p> <p>Challenge: If it's too easy, try bouncing the ball first then catch before it bounces twice or sit down, toss, stand up and catch before the item hits the ground. Get creative with other ways to make it challenging.</p>

Music

Art

PE

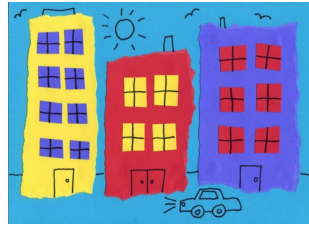
	<p>Pencil, Markers, or Crayons</p> <p>What other origami animals can you make?</p>	
<p>Choice 2 - Learn a new rhythm and song.</p> <ul style="list-style-type: none">• Watch this video and learn the “Acka Backa” rhythm: https://youtu.be/1BaQPWCv4KE• Go to Musicplayonline.com•  for Cut the Cake.• Go to movie section and play the  video. You will learn a game with this song next week.	<p><u>Collage Project with Cutting and Tearing</u></p> <p>This collage project gives students cutting and tearing practice, not to mention use of math vocabulary of making rows and columns for the windows.</p> <p>MATERIALS</p> <ul style="list-style-type: none">• Card stock paper, construction paper, or you can use scrap paper from magazines or newspaper.• Scissors• Glue stick• Black Sharpie marker <p>DIRECTIONS</p> <p>1. Students tear three rectangles from  construction paper and arrange on a background sheet of paper. The pieces are not to overlap. They are glued down with a glue stick.</p> <p>2. Students cut square windows and follow this formula:</p> <ul style="list-style-type: none">• One building with two columns and two rows of windows• One with two columns and three rows of windows 	<p>Choice 2 - Warm-up (3-5 minutes)</p> <ul style="list-style-type: none">• Jumping Jacks- 10 rest 10 rest 10 rest Smile• 10 Push ups (2x) Fitnessgram form. Challenge yourself to do more! 15,20 or more!• 10 Sit ups (2x) Fitnessgram form. Challenge yourself to do more! 15,20 or more!• Jog in place by skip count by 2's or to your favorite Music to 50, 100• Jump straight up in the air as high as you can 10 times (Grades 3-5, do 5 sets of 10 jumps) <p>Recreation Game (10-15 minutes) “Clean your room”</p> <p>Equipment needed : lots of balled up socks and a divided space.</p> <p>Rules: Set a timer for 1 minute and toss socks back and forth in the divided area. Whichever person has the least socks on their side after one minute wins. If you catch a sock the other person throws, keep it and at the end you get to add it to the other person count at the end of the game. You must stay in your area.</p> <p>If by yourself, then race against a clock and see how fast you can pick up items and toss in a basket.</p>

Music

Art

PE

- One with two columns and four rows of windows



- 3. Details are drawn with a black marker, such as window panes, doors, cars and more.

Choice 3 - Instrument Families - Instruments are grouped into families just like people. They are divided into 4 sections in an orchestra.

- Percussion
- Woodwind
- String
- Brass

- Click the link <https://www.classicsforkids.com/games.html>
- To see where the instruments sit and what they sound like in an orchestra, scroll to “instruments of the orchestra”



- Want to explore more? Go to [Musicplayonline.com](https://www.classicsforkids.com), on the right of the screen, under games, click on this image

Choice 3- Draw a Castle



Example

<https://artprojectsforkids.org/draw-a-midieval-castle/>

Materials:

- Castles Example
- Drawing Paper
- Black Marker
- Crayons

Make your castle unique with your own details.

What shapes and types of lines did you use?
Can you tell or write a story about your castle?

Resource

View real castles from all over the world.
https://www.youtube.com/watch?v=QVV-cBLt_Qo

Choice 3 - Warm-up (3-5 minutes)

- Jumping Jacks- 10 rest 10 rest 10 rest Smile
- 10 Push ups (2x) Fitnessgram form. Challenge yourself to do more! 15,20 or more!
- 10 Sit ups (2x) Fitnessgram form. Challenge yourself to do more! 15,20 or more!
- Jog in place by skip count by 2's or to your favorite Music to 50, 100
- Jump straight up in the air as high as you can 10 times (Grades 3-5, do 5 sets of 10 jumps)

Unity-Unified Family (10-15 minutes)

T-ball/Baseball: Using baseball equipment or even just a hand and socks, play the game of baseball. Someone as the “Pitcher” can toss a sock and the person “batting” will be at home plate. Batter can swing with arm & hand to hit the sock and then run the bases.




Music

- Choose these slides from the menu:
 - Listen to the String Family
 - Listen to the Woodwinds
 - Listen to the Brass
 - Listen to the Percussion
- Explore as much as you want in this area
- Think about how they sound. How are they different, and how are they the same?
- Now try your skills in a game!
Go to [Musicplayonline.com](https://www.musicplayonline.com), on the right side of the screen under “Games”; click on It's ok if you guess wrong as you are still learning!



Enrichment Activities (optional)

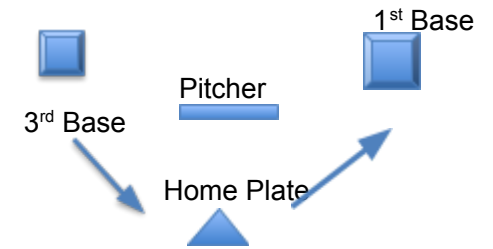
- Go to [Musicplayonline.com](https://www.musicplayonline.com)

- Play #1 So-mi, show your hand signs while you echo each pattern
- PflSD Remote Learning Website:
sites.google.com/pflsd.net/pflsdremotellearning/

Art

Enrichment Activities (optional)

- Participate in Window Art Wednesday!
Every Wednesday display an artwork you have created in your window for people in your neighborhood to see and appreciate.
- <https://www.metmuseum.org/art/online-features/metkids/videos/MetKids-How-Ca-n-Art-Tell-Us-About-Who-We-Are>

PE



After a completion of running all the bases the runner scores a point and a new person steps up to hit.

Enrichment Activity (optional)

Create a game that uses a batter and bases and share with your PE teacher.

Health:

Watch and sing along with Harry Handwash. Don't forget to wash your hands!

[Harry Handwash](#)

Next, put a notebook/paper in the restroom with each family member's name, use tally marks to keep track of how many times you wash your hands each day.